

#### WHY USE MUSICURE PILLOW TO PLAY MUSIC FOR PATIENTS?

- The pillow combines soothing comfort with high sound quality
- Research has demonstrated the highest degree of patient satisfaction when using the pillow as the sound source
- The inner ear is not directly affected (as with earplugs), and the risk of tinnitus is therefore minimal
- The music is experienced with intensity, without isolating the patient from the outside world
- The combined listening experience and comfort helps the patient to fall asleep
- The pillow can follow the patient everywhere, since it is not dependent on any power supply or batteries
- The MusiCure pillow can also be used for audio books and mobile phones (on speaker), or be connected to a TV, computer, tablet, etc.



## Background to MusiCure and the research behind the music:

MusiCure, by composer Niels Eje, is original specially composed music, created specifically to have a relaxing, soothing and positive motivating effect.

MusiCure music is made up of universal and genre-less soundscapes that appeal to everyone, regardless of music taste, and Niels Eje always uses classical instruments, often combined with original recordings of sounds from nature.

Following more than 18 years of creative development, and a host of clinical research results, this music is being used in a variety of treatment settings and research projects in many countries.

The creation of MusiCure flowed from the 'Musica Humana' project, initiated in 1998 by Professor Lars Heslet from Copenhagen University Hospital, composer Niels Eje and producer Inge Mulvad Eje. Since 2000, independent researchers and professional therapists have carried out a large number of medical studies involving MusiCure.

The results of these studies and controlled trials have been published in a number of international medical journals, such as: Heart & Lung – the journal of Acute and Critical Care, European Journal of Cardiovascular Nursing, Intensive and Critical Care Nursing, Pediatric Anesthesia, and others.

A complete list of published research articles is available at [www.musicurepillow.com](http://www.musicurepillow.com) (under RESEARCH)



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MusiCure®  
P I L L O W



## The healthy way of listening

- Specially designed ergonomic pillow with high quality built-in speakers
- Developed to reduce stress, anxiety and unrest, and improve sleep and relaxation for patients
- Ideal for use in hospitals, clinics, care centres and institutions
- Requires no power supply or batteries!
- MusiCure Pillow comes with a specially approved hygiene cover and MP3 player
- The music in the pillow's MP3 player is Niels Eje's evidence-based MusiCure music with documented beneficial effects

## The MusiCure Pillow – background, specifications and applications

A specially designed comfortable 'memory foam' pillow with high quality built-in speakers. The MusiCure Pillow is designed specifically for optimum listening to the evidence-based MusiCure music, and the pillow requires no power supply or batteries.

### HANDMADE QUALITY

As a 'healthy' and comfortable alternative to ear-plugs and headphones, the MusiCure Pillow has been developed from scratch using first class materials from several countries, and assembled by hand by the team behind MusiCure in Denmark.

### MANUFACTURED SPECIFICALLY FOR USE IN HOSPITALS

The MusiCure Pillow comes with a specially sewn hospital hygiene cover, and a fully charged MP3 player that contains a one-hour MusiCure relaxation programme, ready to be played in the pillow on delivery. The special 'Dahlia' hospital hygiene cover is made of materials approved by the healthcare authorities for use in hospitals, clinics, etc.

### USES OF THE MUSICURE PILLOW:

- To provide calming and relaxing music through the pillow, as positive, distracting and soothing treatment.
- To improve patient well-being, so that they experience peace of mind and calmness.
- To reduce anxiety, pain, stress or other discomfort, and promote renewed inspiration through the music.

### CONCRETE APPLICATIONS:

- Rest before and after examinations and procedures
- Relief for patients with stress, anxiety, discomfort and pain in connection with treatment
- Helping patients to calm down, relax and sleep.
- Creating 'positive distraction', which can convey life-affirming motivation to the patients in any conceivable situation during hospitalisation.



THE MUSICURE PILLOW IS BEING USED AND TESTED WITH SUCCESS IN MULTIPLE AREAS:

### HOSPITAL DEPARTMENTS:

Psychiatry  
Oncology  
Day surgery and recovery  
Cardiac procedures  
Intensive care  
Epilepsy treatment  
Lung medicine (research project during 2015-17 involving 500+ patients)  
Colonoscopy (research project during 2016-17 involving 700+ patients)

### OTHER AREAS:

Occupational therapy for children and adolescents  
Elderly care and dementia/Alzheimer's patients  
Danish Refugee Aid (traumatised refugees)  
Rehabilitation centre for torture victims  
CMR (mental training for soldiers etc.)

### MUSICURE PILLOW IS AVAILABLE IN TWO DIFFERENT VERSIONS

- 1 With a hygienic hospital cover
- 2 With a comfort cotton cover

For more information about both versions of the MusiCure Pillow, including prices see: [www.musicurepillow.com](http://www.musicurepillow.com)

